



THE USAFE-AFAFRICA

IN-TUNE WARRIOR

GOAL

Airmen engaged with their wingmen through active listening

FACILITATOR'S NOTES

HOW TO PREPARE

1. Watch this video on Airmanship to help you prepare. It is a good reminder of why we take the time for on-going professional development: <https://www.dvidshub.net/video/embed/409798>
2. Ensure the venue and environment will encourage dialogue with the group. The purpose of this conversation is to mentor by listening and aligning viewpoints
3. Feeling that you are valued and heard is the easiest way Airmen can create connections, validations and trust. Demonstrate and model good listening skills during this discussion.
4. Help them understand that active listening makes them better Airmen, better at their mission, better wingmen, better friends and healthier family men/women.
5. Consider sharing how active listening helped you solve a problem that might not have been solved otherwise.

THE EXTRA MILE

ADDITIONAL RESOURCES

1. <https://youtu.be/QotaTsViAzE>
2. https://youtu.be/oWe_ogA5YCU

MISSION PLAN

HOW TO EXECUTE

FRAMING THE CONVERSATION

Good listeners understand those around them, the expectations of what to do and how/when to engage.

It is important that we are actively looking out for our wellbeing and the wellbeing of others. Only by being observant can we know our Airmen.

SUGGESTED DISCUSSION POINTS

1. Do you know the Airmen you work with well enough to pass a quiz about them?
2. Do you think you listen well enough to really know what your wingman is saying?
3. Can you have a conversation where you ask questions, actively listen to one another without judgment?
4. What are some strategies we can use to become better listeners?
5. What are some ways to be on the look out to ensure our wingman is OK?

OPTIONAL EXERCISE

Have two Airmen read at the same time out loud. One from an AFI and another from something entertaining. Ask the group who they listened to, how difficult it was to follow, what could they have done to follow each Airman more effectively.

MISSION CHALLENGE

HOW TO APPLY THE LESSON

Ask Airmen to think about what it means to be a wingman. Do we see that connection in and out of uniform? Do we hear each other? How do we create a workplace that encourages more active listening and engagement with each other?

(Optional) Challenge Airmen to share one change they would like to see in their workplace to make it a more supportive environment.

USAFE-AFAFRICA GRIT
CORE VALUES • PROFESSIONALISM • WARRIOR ETHOS

This Check 6 is a guide to allow you to have a discussion with your employees on the values and culture that represent the Air Force. This 15-30 minute discussion replaces traditional formalized training and CBTs to allow you to frame the concepts in the way that best meets the needs of your Airmen.